

# Grandparenting 101

Tuesday, February 26  
9:30-10:30 a.m.

Parenting and child health recommendations have changed in recent years. Dr. James Lee, Frederick County Pediatrics, will bring you up-to-date.



This is a joint program  
with the Urbana  
Regional Library.

## Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+  
301-600-7020

9020 Amelung Street, Urbana, MD 21704

(located on the lower level of the Urbana Regional Library)

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